

## How Hill Food Options

We offer schools a choice of evening meals and desserts. We also ensure that there is fresh fruit available at lunch time and at tea time. The majority of our food is homemade; this includes cakes at lunchtime, desserts and most of the main meals.

Unfortunately we can only offer the meal choice for the whole group and not a different option for each individual child.

Below is a list of meal options. If you are staying for 2 nights please put a tick by two of the choices, if you are staying for 4 nights please indicate your four choices. NB Please note that main meals are **separate** to desserts when selecting your choice.

Each meal has a vegetarian option which should be straightforward, however if you have children with special dietary requirements please be flexible as their options may be quite limited. We ask that if you should bring a child with a gluten free diet they provide their own cereal; nearly everything else we can cater for.

**Please fill in the sandwich sheet below for your arrival sandwiches**

OPTION	MEAL CHOICE	VEGETARIAN	TICK	OPTION	DESSERT	TICK
<b>1.</b>	Fish fingers Chips Beans & Peas	Vegetable fingers		<b>1.</b>	Apple crumble and Custard	
<b>2.</b>	Sausages Mashed potato Carrots, Peas & Gravy	Vegetarian sausages		<b>2.</b>	Chocolate Pudding with Chocolate sauce	
<b>3.</b>	Homemade Cheese & Tomato Pizza Potato wedges Coleslaw & Salad			<b>3.</b>	Jam sponge & Custard	
<b>4.</b>	Roast Chicken, gravy & Yorkshire pudding, roast potatoes & seasonal vegetables	Quorn Chicken roast dinner		<b>4.</b>	Toffee Cream Tart	
<b>5.</b>	Homemade Pasta Bolognese Garlic bread, Cheese Mixed salad	Pasta with Quorn bolognese		<b>5.</b>	Fruit jelly and ice cream	

**We know that some schools are very conscious of healthy eating so if you would like a lighter desert option we can offer fruit and yogurt instead of one of our cooked puddings. Please indicate if you would like this option.**

**One night.....**

**Both nights.....**

**School .....**

**Number of children .....**

**Number of adults .....**

**Any special diets or allergies (please indicate - whether it is a child or an adult, - if they are vegetarian whether they eat fish or not etc.)**

**I NEED THIS FORM EMAILED BACK TO ME *14 DAYS* BEFORE YOUR VISIT.**

Thank you, Lizzy (Education Manager)

**HOW HILL SANDWICH LIST**

<b>FILLING</b>	<b>INITIALS</b>		<b>TOTAL</b>
	White bread	Brown Bread	
TUNA MAYONNAISE			
TUNA AND CUCUMBER			
CHEESE			
CHEESE AND PICKLE			
CHOCOLATE SPREAD Contains nuts			
MARMITE			
JAM			
BREAD AND BUTTER			